

Redmond Senior Center Activity

(Relocated due to building closure)



Redmond
Parks and
Recreation

Monday, September 16

Redmond
Parks and
Recreation

TIME	ACTIVITY	LOCATION
9a.m.—12:30p.m.	SHIBA	City Hall Room 126
9:20 —10:20a.m.	Senior Strength Plus	Redmond Community Center Room 124
10:30—11:30a.m.	Senior Cardio	Old Firehouse Teen Center Showroom
10:30—11:30a.m.	SAIL	Redmond Community Center Room 124
10:15—11:15a.m.	BINGO	City Hall Bytes Café
10a.m.—12:30p.m.	Driftwood Art	Redmond Arts Studio Grass Lawn Park
11:30a.m.—12:30p.m.	Intermediate Tap Dance	Anderson Park Adair Cabin
12—3:30p.m.	Duplicate Bridge	City Hall Bytes Café
12:30—3p.m.	Driftwood Art	Redmond Arts Studio Grass Lawn Park
12:45—1:45p.m.	Beginning Tap Dance	Anderson Park Adair Cabin
1:30—3:30p.m.	Just Reminiscing Band	Redmond Community Center Room 124
2:30—3:30p.m.	SAIL	Redmond Community Center Room 203
5:30—6:30p.m.	Jazzercise	CANCELLED
6:30—8:30p.m.	Driftwood Open Workshop	CANCELLED
6:45—7:45p.m.	Ballroom Dance	Old Firehouse Teen Center Showroom

Tuesday, September 17

Redmond
Parks and
Recreation

TIME	ACTIVITY	LOCATION
8:45a.m.—1:30p.m.	<i>Come and Paint</i>	<i>Redmond Arts Studio Grass Lawn Park</i>
9-9:45a.m.	<i>Senior Strength</i>	<i>Old Firehouse Teen Center Showroom</i>
9:30a.m.	<i>Trail Walking</i>	<i>Meet in Bytes Café</i>
10-11:30a.m.	<i>Card Making</i>	<i>City Hall Bytes Café</i>
10—11:30a.m.	<i>Writing Your Life Story</i>	<i>City Hall Bytes Café</i>
10—10:45a.m.	<i>Zumba Gold</i>	<i>Old Firehouse Teen Center Showroom</i>
10—11:30a.m.	<i>Courtesy Blood Pressure Check</i>	<i>City Hall Bytes Café</i>
12—4:30p.m.	<i>Bridge</i>	<i>City Hall Bytes Café</i>
1—2p.m.	<i>Personal Safety for Seniors Workshop</i>	<i>Public Safety Building CONF-PS 205</i>
1—3p.m.	<i>German Conversation Coffee</i>	<i>City Hall Bytes Café</i>
1-3p.m.	<i>Yarn and Yarns</i>	<i>City Hall Bytes Café</i>
5:30—6:30p.m.	<i>Jazzercise</i>	<i>CANCELLED</i>
6:30—8p.m.	<i>Gentle Yoga</i>	<i>Redmond Community Center Room 206</i>
7—8p.m.	<i>Zumba Fitness</i>	<i>Redmond Community Center Room 203</i>

Wednesday, September 18

Redmond
Parks and
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TIME	ACTIVITY	LOCATION
9:20—10:20a.m.	Senior Strength Plus	Redmond Community Center Room 124
10a.m.—3:30p.m.	Foot Care	CANCELLED
10:30—11:30a.m.	Aging Mastery Program Series	On Redmond Community Center Room 204
10:30—11:15a.m.	SAIL	Redmond Community Center Room 124
10—11:15a.m.	Wellness Workshop - How to Prevent Falls and Medications to Avoid	City Hall Alpha Room 127
10:30a.m.—11:30a.m.	Senior Cardio	Old Firehouse Teen Center Showroom
1—3p.m.	Scrabble, Pinochle, Quilting	City Hall Bytes Café
1:30—3:30p.m.	Needle Felting	City Hall Bytes Café
12:15—2:15p.m.	Line Dancing	CANCELLED
2:30—3:30p.m.	SAIL	Redmond Community Center Room 203
6:30—7:25p.m.	Dog Training - Puppy Class	Anderson Park Adair Cabin
7:30—8:30p.m.	Dog Training 1 —Manners, Tricks & Control	Anderson Park Adair Cabin

Thursday, September 19

Redmond
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TIME	ACTIVITY	LOCATION
9—9:45a.m.	Senior Strength	Old Firehouse Teen Center Showroom
10—11a.m.	Tai Chi for Better Balance	Redmond Community Center Room 202
10—11a.m.	Core Strength	Old Firehouse Teen Center Showroom
10a.m.—1p.m.	Party Bridge	City Hall Bytes Café
10:30a.m.—12p.m.	Courtesy Blood Pressure Checks	City Hall Bytes Café
10:30—11:30a.m.	Musical Theatre Group	On hold until further notice
10:30a.m. - 12:30p.m.	Pickleball	Outdoor Court
11a.m.—12p.m.	Tai Chi for Better Balance	Redmond Community Center Room 202
1—3p.m.	Technology Help	City Hall Bytes Café
1—3p.m.	Chorus	Police Training Room
1—3p.m.	Crafty Ones	City Hall Bytes Café
1:30—4:30p.m.	Table Tennis	CANCELLED
5:30—6:30p.m.	Jazzercise	CANCELLED
6:30—7:25p.m.	Dog Training—Puppy Class	Anderson Park Adair Cabin
7—8p.m.	Zumba Fitness	Redmond Community Center Room 203
7—8:15p.m.	Gentle Yoga	Redmond Community Center Room 202
7:30—8:30p.m.	Dog Training 2— Obedience & Canine	Anderson Park Adair Cabin

Friday, September 20

Redmond
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TIME	ACTIVITY	LOCATION
9—9:45am	Zumba Gold	Old Firehouse Teen Center Showroom
9:30am—2pm	Pinochle	City Hall Meet in Bytes Café
10am	Trail Walking	City Hall Meet in Bytes Café
10am—11:15am	Gentle Yoga	Redmond Community Center Room 202
11:30am—12:30pm	Chair Yoga	Redmond Community Center Room 202
10am—12pm	Scrabble	City Hall Bytes Café
10am—12pm	Seniors from China	City Hall Alpha Room 127
1—3pm	Mexican Train Dominos	City Hall Bytes Café
1—3pm	Pedals & Pipes Organ Group	CANCELLED
1:30—3:30pm	SSBB Practice	Offsite, no dancing
1—3pm	English Language Learners	City Hall Alpha Room 127

Saturday, September 21

Redmond
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TIME	ACTIVITY	LOCATION
7:30a.m.—3:00p.m.	<i>Drop-In Activities</i>	<i>Redmond Community Center Lobby</i>