

# REDMOND SENIOR CENTER ACTIVITIES (RELOCATED)

MONDAY SEPT 9		
Time	Activity	Location
9am—12:30pm	SHEBA	City Hall Room 126
9:20—10:20am	Senior Strength Plus	Redmond Community Center Room 124
10:30—11:30am	Senior Cardio	Old Firehouse Teen Center Showroom
10:30—11:30am	SAIL	Redmond Community Center Room 124
10:15—11:15am	BINGO	City Hall Bytes Café
10am—12:30pm	Driftwood Art	Redmond Arts Studio Grasslawn Park
11:30am—12:30pm	Intermediate Tap Dance	Anderson Park Adair Cabin
12—3:30pm	Duplicate Bridge	City Hall Bytes Café
12:30—3pm	Driftwood Art	Redmond Arts Studio Grasslawn Park
12:45—1:45pm	Beginning Tap Dance	Anderson Park Adair Cabin
1:30—3:30pm	Just Reminiscing Band	Redmond Community Center Room 124
2:30—3:30pm	SAIL	CANCELLED
5:30—6:30pm	Jazzercise	CANCELLED
6:30—8:30pm	Driftwood Open Workshop	CANCELLED
6:45—7:45pm	Ballroom Dance	Old Firehouse Teen Center Showroom
TUESDAY SEPT 10		
Time	Activity	Location
8:45am—1:30pm	Come and Paint	Redmond Arts Studio Grasslawn Park
9-9:45am	Senior Strength	Old Firehouse Teen Center Showroom
9:30am	Trail Walking	Meet in Bytes Café
10-11:30am	Card Making	City Hall Bytes Café
10—11:30am	Writing Your Life Story	City Hall Bytes Café
10—10:45am	Zumba Gold	Old Firehouse Teen Center Showroom
10—11:30am	Courtesy Blood Pressure Check	City Hall Bytes Café
12—4:30pm	Bridge	City Hall Bytes Café
1—2pm	Inquiring Minds Workshop	City Hall Room 137
1—3pm	German Conversation Coffee	City Hall Bytes Café
1-3pm	Yarn and Yarns	City Hall Bytes Café
5:30—6:30pm	Jazzercise	CANCELLED
6:30—8pm	Gentle Yoga	Redmond Community Center Room 204
7—8pm	Zumba Fitness	Old Firehouse Teen Center Showroom
WEDNESDAY SEPT 11		
Time	Activity	Location
9:20—10:20am	Senior Strength Plus	Redmond Community Center Room 124
10am—3:30pm	Foot Care	CANCELLED
10:30—11:30am	Aging Mastery Program Series	Redmond Community Center Room 204
10:30—11:15am	SAIL	Redmond Community Center Room 124
10—11:15am	Wellness Workshop	City Hall Alpha Room 127
10:30am—11:30am	Senior Cardio	Old Firehouse Teen Center Showroom
1—3pm	Scrabble, Pinochle, Quilting	City Hall Bytes Café
1:30—3:30pm	Needle Felting	City Hall Bytes Café
12:15—2:15pm	Line Dancing	CANCELLED
2:30—3:30pm	SAIL	CANCELLED
6:30—7:25pm	Dog Training - Puppy Class	Anderson Park Adair Cabin
7:30—8:30pm	Dog Training 1 —Manners, Tricks & Control	Anderson Park Adair Cabin

# REDMOND SENIOR CENTER ACTIVITIES (RELOCATED)

## THURSDAY SEPT 12

Time	Activity	Location
9—9:45am	Senior Strength	Old Firehouse Teen Center Showroom
10—11am	Tai Chi for Better Balance	Redmond Community Center Room 202
10—11am	Core Strength	Old Firehouse Teen Center Showroom
10am—1pm	Party Bridge	City Hall Bytes Café
10:30am—12pm	Courtesy Blood Pressure Checks	City Hall Bytes Café
10:30—11:30am	Musical Theatre Group	Police Training Room
10:30am - 12:30pm	Pickleball	Outdoor Court
11am—12pm	Tai Chi for Better Balance	Redmond Community Center Room 202
1—3pm	Technology Help	City Hall Bytes Café
1—3pm	Chorus	Police Training Room
1—3pm	Crafty Ones	City Hall Bytes Café
1:30—4:30pm	Table Tennis	CANCELLED
5:30—6:30pm	Jazzercise	CANCELLED
6:30—7:25pm	Dog Training—Puppy Class	Anderson Park Adair Cabin
7—8pm	Zumba Fitness	Old Firehouse Teen Center Showroom
7—8:15pm	Gentle Yoga	Redmond Community Center Room 202
7:30—8:30pm	Dog Training 2— Obedience & Canine	Anderson Park Adair Cabin

## FRIDAY SEPT 13

Time	Activity	Location
9—9:45am	Zumba Gold	Old Firehouse Teen Center Showroom
9:30am—2pm	Pinochle	City Hall Meet in Bytes Café
10am	Trail Walking	City Hall Meet in Bytes Café
10am—11:15am	Gentle Yoga	Redmond Community Center Room 202
11:30am—12:30pm	Chair Yoga	Redmond Community Center Room 202
10am—12pm	Scrabble	City Hall Bytes Café
10am—12pm	Seniors from China	City Hall Alpha Room 127
1—3pm	Mexican Train Dominos	City Hall Bytes Café
1—3pm	Pedals & Pipes Organ Group	CANCELLED
1:30—3:30pm	SSBB Practice	Offsite, no dancing
1—3pm	English Language Learners	City Hall Alpha Room 127

## SATURDAY SEPT 14

Time	Activity	Location
7:30am—3pm	Drop-In Activities	Redmond Community Center Lobby



**Redmond  
Parks and  
Recreation**

**GUEST SERVICES—425-556-2300**

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