

Local Community Resources

NUTRITIONAL SUPPORT AND SERVICES:



Meals on Wheels: 206-448-5757

Chicken Soup Brigade: 206-957-1686

United Methodist Church: 425-883-7553

HopeLink: 425-869-6000

Supplemental Nutrition Assistance Program (SNAP):
877-501-2233

TRANSPORTATION SERVICES:



Hopelink Transportation : 425-943-6760

Dart Transit: 425-347-5912

Find-a-Ride Transportation Resource: 425-943-6760

Orca Card/King County Metro: 206-553-3000

Hyde Shuttle (Sound Generations): 206-727-6262

Volunteer Transportation Program: 206-448-5740

MENTAL HEALTH AND INSURANCE SERVICES:



Sound Generations: 206-448-5757

Community Health Access Team (CHAT): 425-899-3200

HopeLink: 425-869-6000

State Health Insurance Benefit Advisors (SHIBA):
800-562-6900

EMERGENCY, HOUSING AND GENERAL RESOURCES:



Catholic Community Services: 425-213-1963

A Regional Coalition for Housing (ARCH): 425-861-3676

Salvation Army Eastside Corps: 425-452-7300

East King County Resources for Older Adults & Families:

General Resource Assistance: Call 211

