

# Redmond Senior Center Activity

(Relocated due to building closure)



Redmond  
Parks and  
Recreation

# Monday

TIME	ACTIVITY	LOCATION
9a.m.—12:30p.m.	SHIBA	City Hall Room 126
9:20 —10:20a.m.	Senior Strength Plus	Redmond Community Center Room 124
10a.m.—12:30p.m.	Driftwood Art	Redmond Arts Studio Grass Lawn Park
10-11:30a.m. (1st Monday)	Marty's Monday Morning Men's Meeting	City Hall
10:30—11:30a.m.	Senior Cardio	Old Firehouse Teen Center Showroom
10:30—11:30a.m.	SAIL	Redmond Community Center Room 124
10:15—11:15a.m.	BINGO	City Hall Bytes Café
11:30a.m.—12:30p.m.	Intermediate Tap Dance	Anderson Park Adair Cabin
12—3:30p.m.	Duplicate Bridge (Bring a partner)	City Hall Bytes Café
12:30—3p.m.	Driftwood Art	Redmond Arts Studio Grass Lawn Park
12:45—1:45p.m.	Beginning Tap Dance	Anderson Park Adair Cabin
1:30—3:30p.m.	Just Reminiscing Band	Redmond Community Center Room 124
2:30—3:30p.m.	SAIL	Redmond Community Center Room 203
5:30—6:30p.m.	Jazzercise	CANCELLED
6:30—8:30p.m. (Begins 11/18)	Driftwood Open Workshop	Redmond Community Center Room 124
6:45—7:45p.m.	Ballroom Dance	Old Firehouse Teen Center Showroom

# Tuesday

TIME	ACTIVITY	LOCATION
8:45a.m.—1:30p.m.	Come and Paint	Redmond Arts Studio Grass Lawn Park
9-9:45a.m.	Senior Strength	Old Firehouse Teen Center Showroom
9:30a.m.	Trail Walking	Meet in Bytes Café
10-11:30a.m. (2nd Tuesday only)	Card Making	City Hall Bytes Café
10—11:30a.m.	Writing Your Life Story	City Hall Conf CH 126
10—10:45a.m.	Zumba Gold	Old Firehouse Teen Center Showroom
10—11:30a.m.	Courtesy Blood Pressure Check	City Hall Bytes Café
12—4:30p.m.	Bridge for Foursomes	City Hall Bytes Café
1—2p.m.	Inquiring Minds workshop -	Check in at Bytes café for the workshop location
1—3p.m. (3rd Tuesday only)	German Conversation Coffee	City Hall Bytes Café
1-3p.m.	Yarn and Yarns	Meeting off site
1:30—4:30p.m.	Table Tennis (Begins Dec 3)	Redmond Community Center Room 202
5:30—6:30p.m.	Jazzercise	CANCELLED
6:30—8p.m.	Gentle Yoga	Redmond Community Center Room 203
7—8p.m.	Zumba Fitness	Old Firehouse Teen Center Showroom

# Wednesday

TIME	ACTIVITY	LOCATION
9:20—10:20a.m.	Senior Strength Plus	Redmond Community Center Room 124
10a.m.—3:30p.m.	Foot Care	City Hall Conf CH 129
10—11:30a.m.	Aging Mastery Program Series	Redmond Community Center Room 204
10:30—11:15a.m.	SAIL	Redmond Community Center Room 124
10—11:15a.m.	Wellness workshop	Check in at Bytes café for the workshop location
10:30a.m.—11:30a.m.	Senior Cardio	Old Firehouse Teen Center Showroom
1—3p.m.	Scrabble, Pinochle, Quilting	City Hall Bytes Café
1:30—3:30p.m.	Needle Felting	No class this month (Oct)
12:15—2:15p.m.	Line Dancing	Redmond Community Center - Room 203
2:30—3:30p.m.	SAIL	Redmond Community Center Room 203
6:30—7:25p.m.	Dog Training - Puppy Class	Anderson Park Adair Cabin
7:30—8:30p.m.	Dog Training 1 —Manners, Tricks & Control	Anderson Park Adair Cabin

# Thursday

TIME	ACTIVITY	LOCATION
9—9:45a.m.	Senior Strength	Old Firehouse Teen Center Showroom
10—11a.m.	Core Strength	Old Firehouse Teen Center Showroom
10a.m.—1p.m.	Party Bridge	City Hall Bytes Café
10:30a.m.—12p.m.	Courtesy Blood Pressure Checks	City Hall Bytes Café
10:30—11:30a.m.	Musical Theatre Group	On hold until further notice
10:30a.m. - 12:30p.m.	Pickleball	Outdoor Court
11a.m.—12 p.m.	Tai Chi for Better Balance-ongoing	Redmond Community Center Room 202
12—1 p.m.	Tai Chi for Better Balance-intro	Redmond Community Center Room 202
1—3p.m.	Technology Help	City Hall Bytes Café
1—3p.m.	Chorus	Meeting off site
1—3p.m.	Crafty Ones	City Hall, room varies, check in Bytes Cafe
1:30—4:30p.m.	Table Tennis (Begins Dec 5)	Redmond Community Center Room 202
5:30—6:30p.m.	Jazzercise	CANCELLED
6:30—7:25p.m.	Dog Training—Puppy Class	Anderson Park Adair Cabin
7—8p.m.	Zumba Fitness	Redmond Community Center Room 203
7—8:15p.m.	Gentle Yoga	Redmond Community Center Room 202
7:30—8:30p.m.	Dog Training 2— Obedience & Canine	Anderson Park Adair Cabin

# Friday

TIME	ACTIVITY	LOCATION
9—9:45am	Zumba Gold	Redmond Community Center Room 124
9:30am—2pm	Pinochle	City Hall Meet in Bytes Café
10am	Trail Walking	City Hall Meet in Bytes Café
10am—11:15am	Gentle Yoga	Redmond Community Center Room 202
11:30am—12:30pm	Chair Yoga	Cancelled due to low enrollment
10am—12pm	Scrabble	City Hall Bytes Café
10am—12pm	Seniors from China	City Hall Alpha Room 127
1—3pm	Mexican Train Dominos	City Hall Bytes Café
1—3pm (2nd Friday only)	Pedals & Pipes Organ Group	CANCELLED
1—3pm (3rd Friday only)	Book Discussion Group	City Hall CH 132
1:30—3:30pm	SSBB Practice	Offsite, no dancing
1—3pm	English Language Learners	City Hall Alpha Room 127

# Saturday

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TIME	ACTIVITY	LOCATION
7:30a.m.—3:00p.m.	Drop-In Activities	Redmond Community Center Lobby
10-11:30 a.m. (1st Saturday only)	Book Group	Redmond Community Center Staff Lounge