Day Camps - Sports & Fitness

Basketball Camp

Play like a pro! Passing, dribbling, shooting, rebounding, defense, and team-play are some of the components of this high-energy camp. Instructors include Doug Wozeniak, a former collegiate player who has been working with youth for over 20 years, and Karen Greytak, lead instructor of the Redmond Parks and Recreation Youth Basketball Clinics. Approximately 1:10 ratio of staff:participants. Please bring a snack and drink to camp and wear shorts and/or sweats and basketball shoes. Participants will each receive a camp t-shirt and photo.

Instr: Doug Wozeniak

Loc: Redmond High School - Gym

Age: 6-12 yrs ..... Fee: $95R/$114N

42138	Wed, Thu, Fri	Dec 19-Dec 21	9am-1pm

Emerald City Gymnastics

Gymnastics is a FUN and stimulating activity that promotes motor, social and emotional development as well as coordination, muscle strength, flexibility and balance. Participants are directed through a variety of developmental activities on various gymnastics equipment. Musical activities and sensory stations are included. Registration closes one week prior to class.

Gymnastics - Parent/Child

Loc: Emerald City Gymnastics - Gym

Age: 1.5-3 yrs + parent ..... Fee: $55R/$66N

42183	Thu	Sep 13-Sep 27	10-10:45am
42184	Thu	Oct 4-Oct 25	10-10:45am
42185	Thu	Nov 1-Nov 29	10-10:45am
42186	Thu	Dec 6-Dec 20	10-10:45am
42189	Thu	Sep 13-Sep 27	11-11:45am
42190	Thu	Oct 4-Oct 25	11-11:45am
42191	Thu	Nov 1-Nov 29	11-11:45am
42212	Thu	Dec 6-Dec 20	11-11:45am

Gymnastics - Mini-Munchkins

Loc: Emerald City Gymnastics - Gym

Age: 3-4.5 yrs ..... Fee: $55R/$66N

42166	Thu	Sep 13-Sep 27	10-10:45am
42159	Thu	Oct 4-Oct 25	10-10:45am
42162	Thu	Nov 1-Nov 29	10-10:45am
42172	Thu	Dec 6-Dec 20	10-10:45am
42167	Thu	Sep 13-Sep 27	11-11:45am
42160	Thu	Oct 4-Oct 25	11-11:45am
42169	Thu	Nov 1-Nov 29	11-11:45am
42173	Thu	Dec 6-Dec 20	11-11:45am
42168	Thu	Sep 13-Sep 27	1-1:45pm
42161	Thu	Oct 4-Oct 25	1-1:45pm
42170	Thu	Nov 1-Nov 29	1-1:45pm
42174	Thu	Dec 6-Dec 20	1-1:45pm

Gymnastics - Munchkins

Loc: Emerald City Gymnastics - Gym

Age: 4.5-6 yrs ..... Fee: $65R/$78N

42177	Thu	Sep 13-Sep 27	1-2pm
42178	Thu	Oct 4-Oct 25	1-2pm
42179	Thu	Nov 1-Nov 29	1-2pm
42180	Thu	Dec 6-Dec 20	1-2pm

Archery Indoor/Outdoor

Pursue a goal which has fascinated archers of all cultures throughout history - shooting the perfect arrow. Experience archery's greatest challenge: guiding the arrow to the target by subtle use of mind, hand and eye. Archery is both an Olympic sport and fun recreational activity suitable for people of all levels and physical abilities. Benefits from archery include improved focus and self-confidence. Your instructor, Jay St. Charles of Pacific Yew Longbows, is a professional instructor with 40+ years of experience as a teacher, coach, and tackle maker. All equipment is supplied. Classes will be held outdoors or indoors depending on the weather.

Instr: Enso Center Staff

Loc: ENSO Center - ENSO Center Studio

Age: 13+ yrs..... Fee: $55R/$66N

42292	Thu	Sep 6-27	5:30-6:45pm
42304	Thu	Sep 6-27	7-8:15pm
42305	Fri	Sep 7-28	5:30-6:45pm
42306	Fri	Sep 7-28	7-8:15pm
42307	Thu	Oct 4-25	5:30-6:45pm
42308	Thu	Oct 4-25	7-8:15pm
42309	Fri	Oct 5-26	5:30-6:45pm
42310	Fri	Oct 5-26	7-8:15pm
42311	Thu	Nov 8-29	5:30-6:45pm
42312	Thu	Nov 1-29	7-8:15pm
42313	Fri	Nov 9-30	5:30-6:45pm
42314	Fri	Nov 9-30	7-8:15pm
42315	Thu	Dec 6-27	5:30-6:45pm
42316	Thu	Dec 6-27	7-8:15pm
42317	Fri	Dec 7-28	5:30-6:45pm
42318	Fri	Dec 7-28	7-8:15pm

Sportball

Sportball Fitkids is a fun, functional, fitness program for kids. Building on our strength in non-competitive sports instruction for children, we have developed a program that will help children improve their overall fitness and health.

Sportball Junior • NEW!

Children and parents participate in eight sports, creative games, songs, rhymes, stories, bubble time and much more. Although these programs focus more on exploration, children will be introduced to a different sport each week. Parents are encouraged to participate with their child and challenge them to their skill level. No class Oct 13.

Loc: Old Redmond Schoolhouse Community Center - Auditorium

Age: 16mons-2yrs + parent ..... Fee: $84R/$100N

42380	Sat	Sep 22-Nov 3	12:30-1:15pm

Me & My Dad

Parents can have a direct hand in a preschooler's development through 8 different ball sports. Parent and tot classes teach children important introductory physical skills and help them to develop confidence in their abilities. The programs also help parents understand techniques that can be applied outside of Sportball classes. No class Oct 13.

Loc: Old Redmond Schoolhouse Community Center - Gym

Age: 2-3yrs + parent ..... Fee: $84R/$100N

42381	Sat	Sep 22-Nov 3	1:30pm

Multi-Sport

Sportball is a dynamic sports program focusing on skill development in eight different sports. This creative, non-competitive and self-esteem-building program prepares all children for a future of confident sports participation. No class Oct 13.

Loc: Old Redmond Schoolhouse Community Center - Gym

Age: 3-5 yrs ..... Fee: $84R/$100N

42382	Sat	Sep 22-Nov 3	2:15-3pm

Sportball Fitkids

By incorporating key body movements, this integrated functional training program will help to build flexibility, stability and strength. Studies have proven that fit kids perform better in school.

Loc: Old Redmond Schoolhouse Community Center - Auditorium

Age: 6-9 yrs ..... Fee: $84R/$100N

42335	Tue	Sep 25-Oct 30	3-4pm

Age: 10-12 yrs ..... Fee: $84R/$100N

42379	Tue	Sep 25-Oct 30	4-5pm

Fencing - Beginning Youth

Fencing provides excellent, invigorating exercise and recreation for the body and mind. Taught by the Washington Fencing Academy, this eight-week course introduces the concept, weapons, technique, fitness, strategy, and competition of fencing according to U.S. Fencing Association and international Olympic standards. No prior experience is required, and all ages and fitness levels are welcomed. Students learn the essentials of competitive fencing, including a certification qualifying them for open recreational fencing and regional competition. For more information visit: www.washingtonfencing.com.

Instr: Washington Fencing Academy Staff

Loc: Old Redmond Schoolhouse Community Center - Auditorium

Age: 8+ yrs ..... Fee: $155R/$186N

41785	Mon	Sep 10-Oct 29	3:45-4:45pm
41786	Mon	Nov 5-Jan 7	3:45-4:45pm

Fencing - Intermediate

This intermediate-level class is intended for children 8-13 who have completed the beginning program, or who have been recommended by a coach. This program is designed to prepare young fencers for the demands of competition through a series of tactical exercises, organized bouting, and short lessons to promote technical proficiency and physical development. More emphasis will be placed on each athlete fencing a particular weapon, as opposed to the a la carte approach of the youth program. The skills necessary to complete this program are more specific and detailed than those in the previous program, thus class completion, typically, takes approximately a year.

Instr: Washington Fencing Academy Staff

Loc: Old Redmond Schoolhouse Community Center - Auditorium

Age: 8+ yrs ..... Fee: $155R/$186N

41787	Mon	Sep 10-Oct 29	5-6pm
41788	Mon	Nov 5-Jan 7	5-6pm

Golf Redwood Junior

Learn how to play golf in a comfortable atmosphere at the Redwood Golf Center. The Junior Golfers will learn club-swings, rules, and etiquette taught by PGA Professional Instructors. Bring your own clubs or clubs will be provided. All students will receive a 10% discount on a *Junior Golf Set* at Redwood Golf Center. Classes are held at the Redwood Golf Center, 13029 Redmond-Woodinville Rd NE, 425.869.8814. No class Sep 26, make up is Oct 3 from 6:30-7:30pm.

Instr: Redwood Golf Staff

Loc: Redwood Golf Center - Driving Range

Age: 6-17 yrs ..... Fee: $80R/$96N

41778	Wed	Sep 5-Oct 3	4:30-5:30pm
41779	Wed	Oct 3-Oct 24	4:30-5:30pm
41780	Wed	Nov 7-Dec 5	4:30-5:30pm

i-Ball - Basketball Clinics

Redmond Parks & Recreation and i-Ball have partnered to offer Basketball Skills Clinics for kids, ages 7-10. Consistent training is the main aspect that helps to greatly accelerate learning and retention for young players. I-Ball is ran and coached by professional basketball player and former Globetrotter's Harlem All-Star, Kyle Keyes along with i-Ball staff. Players will learn all aspects of basketball development of core fundamentals along with offensive and defensive techniques, shooting techniques, ball handling and court awareness. Players of all skill levels are welcome and will be grouped accordingly. Please wear basketball shoes and shorts. No class Fri, Nov 23.

Instr: iBall Staff

Loc: Old Redmond Schoolhouse Community Center Gym

Age: 7-10 yrs ..... Fee: $118R/$141N

42235	Tue	Sep 25-Oct 30	5:30-6:30pm

Loc: iBall/Redmond Athletic Club Gym

42236	Fri	Nov 2-Dec 14	5:30-6:30pm

Kidz Love Soccer

Since 1979, Kidz Love Soccer has been dedicated to teaching children the world's most popular sport within a nurturing, recreational environment. A typical session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer fun in a safe, non-competitive environment. Kidz Love Soccer…'Where the score is always FUN to FUN!' KLS class status hotline 888.372.5803.

Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the *World's Most Popular Game!* As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines!

Instr: Kidz Love Soccer Staff

Loc: Grass Lawn Softball Field #1

Age: 2-3.5 yrs + parent ..... Fee: $77R/92N

42192	Tue	Sep 18-Nov 6	3-3:30pm
42194	Thu	Sep 20-Nov 8	3-3:30pm

Pre/Tot-Soccer

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting.

Instr: Kidz Love Soccer Staff

Loc: Grass Lawn Softball Field #1

Age: 3.5-5 yrs ..... Fee: $77R/92N

42193	Tue	Sep 18-Nov 6	3:40-4:15pm
42198	Thu	Sep 20-Nov 8	3:40-4:15pm

Soccer 1

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting.

Instr: Kidz Love Soccer Staff

Loc: Grass Lawn Softball Field #1

Age: 5-6 yrs ..... Fee: $77R/92N

42195	Tue	Sep 18-Nov 6	4:15-5pm
42199	Thu	Sep 20-Nov 8	4:15-5pm

Soccer 2

Kidz will enjoy advanced skill building: dribbling, passing, receiving and shooting in a team play format. Each class will include scrimmages that emphasize application of finer technical points. All levels are welcome to come enjoy the world's most popular game! Shin guards are required.

Instr: Kidz Love Soccer Staff

Loc: Grass Lawn Softball Field #1

Age: 7-8 yrs ..... Fee: $77R/92N

42196	Tue	Sep 18-Nov 6	5-5:45pm
42200	Thu	Sep 20-Nov 8	5-5:45pm

Soccer 3

Kidz will enjoy advanced skill building: dribbling, passing, receiving and shooting in a team play format. Each class will include scrimmages that emphasize application of finer technical points. All levels are welcome to come enjoy the world's most popular game! Shin guards are required.

Instr: Kidz Love Soccer Staff

Loc: Grass Lawn Softball Field #1

Age: 9-10 yrs ..... Fee: $77R/92N

42197	Tue	Sep 18-Nov 6	5-5:45pm
42201	Thu	Sep 20-Nov 8	5-5:45pm

Learn to Ice Skate

Introducing the thrill and athletic challenge of ice skating, in a fun and safe learning environment. Our professional learn-to-skate staff will teach a progression of skills to ensure safety and provide an understanding of the basic fundamentals of ice skating. Participants will progress toward edge control and more advanced footwork. Whether you are a beginner or would like to enhance your present skill level, figure skating or ice hockey, we encourage children and adults to join. Skates are provided and helmets are highly recommended. Classes will include 30 minutes of professional instruction and 30 minutes of practice/free skating time. The last day of the class is *bring a buddy for free day*. Skates will be provided for your buddy. Registration deadline is one week prior to start of first class. Please arrive 1/2 hour before class starts to get skates on.

Loc: Kingsgate Ice Arena - Ice Rink

Age: 5+ yrs..... Fee: $113R/$136N

41741	Mon	Sep 10-Oct 22	6-7pm
41742	Mon	Nov 5-Dec 17	6-7pm
41743	Tue	Sep 11-Oct 23	10:45-11:45am
41744	Tue	Nov 6-Dec 18	10:45-11:45am
41745	Fri	Sep 28-Nov 9	6-7pm

Mini Sports

Designed for ages 4-6 years old. Your child will gain basic sport skills in a fun, active, sportive environment. Coach John has been teaching youth sports for over 15 years. His proven techniques and enthusiasm help children gain confidence and skill while having fun.

Mini Sports Indoor T-Ball

Work on T-Ball basics, such as throwing, catching, hitting off a tee, base running, and more! Drills and specialized games will help develop an understanding and appreciation for baseball. Please bring a baseball glove.

Instr: John Bailie

Loc: Old Redmond Schoolhouse Community Center - Gym

Age: 4-6 yrs ..... Fee: $45R/$53N

41881	Wed	Sep 12-Oct 17	5:15-6pm
41882	Wed	Sep 12-Oct 17	6:15-7pm

Mini Sports Basketball

Learn to catch, dribble, pass, and shoot a basketball through drills, specialized games, and scrimmages. Positive attitude, fair play, and fun are emphasized.

Instr: John Bailie

Loc: Old Redmond Schoolhouse Community Center - Gym

Age: 4-6 yrs ..... Fee: $45R/$53N

41883	Wed	Oct 24-Dec 5	5:15-6pm
41884	Wed	Oct 24-Dec 5	6:15-7pm

Soccer Tech Indoor Soccer Clinic

Learn the basic fundamentals of soccer, including dribbling, passing, scoring, and defense through the use of fun drills, games, and scrimmages. Children learn to play with teammates and develop balance, coordination, and listening skills. Limited to 10 participants for lots of individual and small group instruction. No class Mon, Nov 12.

Instr: Michael Smith

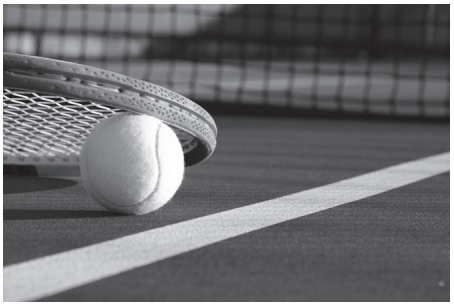
Loc: Old Redmond Schoolhouse Community Center - Gym

Age: 4-6 yrs ..... Fee: $62R/$74N

42141	Mon	Sep 24-Oct 29	1-1:45pm
42142	Mon	Sep 24-Oct 29	2-2:45pm
42143	Mon	Nov 5-Dec 17	1-1:45pm
42144	Mon	Nov 5-Dec 17	2-2:45pm

Teenie Tennis

Children have fun and build confidence and skills within their tennis game, improving motor skills, dexterity and coordination. The Teenie Tennis classes are designed for inexperienced players with an emphasis on participation and recreation. Instructors are trained and supervised by Marceil Whitney, USPTA Tennis Professional and International Tennis Hall of Fame. All equipment provided.



Court Jesters

Teenie Tennis, with *USTA Quick Start Tennis* will include progressive drills and games that emphasize eye-hand coordination, and basic tennis skills. Includes the experience of hitting the ball back and forth, depending on the physical, mental, and emotional development of the student. Equipment provided, students need to wear tennis shoes with non-marking soles.

Instr: Marceil Whitney Trained Staff

Loc: Old Redmond Schoolhouse Community Center - Gym

Age: 3-4 yrs ..... Fee: $30R/$36N

41789	Sat	Sep 8-Sep 29	10-10:45am
41790	Sat	Oct 6-Oct 27	10-10:45am
41803	Sat	Nov 3-Dec 1	10-10:45am

Super Mites

Instr: Marceil Whitney Trained Staff

Loc: Old Redmond Schoolhouse Community Center - Gym

Age: 5-6 yrs ..... Fee: $34R/$42N

41793	Sat	Sep 8-Sep 29	11am-12pm
41794	Sat	Oct 6-Oct 27	11am-12pm
41807	Sat	Nov 3-Dec 1	11am-12pm

Future Stars

Instr: Marceil Whitney Trained Staff

Loc: Old Redmond Schoolhouse Community Center - Gym

Age: 7-9 yrs ..... Fee: $34R/$42N

41791	Sat	Sep 8-Sep 29	12-1pm
41792	Sat	Oct 6-Oct 27	12-1pm
41805	Sat	Nov 3-Dec 1	12-1pm

2012-13 YOUTH BASKETBALL LEAGUE (Boys & Girls, Grades 1-8)

Register NOW! - Class #41690

Online	Phone	In Person
www.redmond.gov/econnect	**425.556.2300** Mon-Fri 9am-8pm Sat 9am-1pm	Old Redmond Schoolhouse Community Center 1600 NE 80th Street Mon-Fri 8am-8pm

Redmond Residents: Registration is September 7-October 4
(Includes those residing or working within city limits)

Non-Resident: Registraion is September 11-October 4
(Includes residing outside city limits)

Registration after October 4 if space allows, subject to a $40 late fee.

NEW!

LEAGUE DIVISIONS

Boys: Grade 1, Grade 2, Grade 3, Grade 4, Grade 5, Grade 6, & Grades 7-8

Girls: Grades 1-2, Grade 3, Grade 4, Grade 5, Grade 6, & Grades 7-8

TEAM ASSIGNMENTS (GRADES 1-5)

Teams in this league will be assigned according to each child's grade level, and the school they attend. We try to keep all children at their home school but there is always the possibility that they may play for a neighboring school if there are not enough, or too many kids registered from their home school for one team. If there are enough kids from your child's grade and school to form more than one team, we will split the players up into teams randomly. There are no buddy requests.

TEAM ASSIGNMENTS (GRADES 6-8)

We will try to assign teams according to the school each player attends. If more than one team from a school then there will be a draft. There are no buddy requests.

Note: Volunteer coaches must inform the league director before the conclusion of registration (October 4th) if they are planning to coach with someone else. We will assign each head coach ONE assistant coach and their child upon request, but cannot guarantee multiple assistant coaches.

Basketball Officials Needed

Call 425.556.2300 for details or download an application under the employment section of our website - www.redmond.gov.

Instructions for online registration:

Resident Registration:
Tuesday, September 4-Thursday, October 4

Non-Resident Registration:
Tuesday, September 11-Thursday, October 4

1. Login to **www.redmond.gov/econnect**
2. Click on "Login"
3. Enter your Login ID and Account PIN # *(if you already have a client ID & PIN# with your account)*. If you do not know your Login ID & Account PIN #, please click on "Forgot My ID or PIN," Enter your email address of record, and your Login ID & Account PIN # will be emailed to you immediately.
4. Click on "Classes"
5. Enter the Youth Basketball Class number which is #41690 and choose "Youth Basketball"
6. Click on the "Add" button, and select your child's name from the drop-down menu.
7. Click on "Checkout"
8. Please answer all the prompts and pay with a bank card *(MasterCard or VISA only)*
9. Please make sure you have read and agree with the liability waiver prior to registering.

2012 - 2013 SEASON TIMELINE

Tue, Sep 4	8am	Resident Registration Begins
Tue, Sep 11	8am	Non-Resident Registration Begins
Thu, Oct 4	5pm	Registration Deadline
TBA	TBA	Middle School Player Draft
Mon, Oct 29	7:30pm	Coaches Meeting-ORSCC Aud. *(Rosters available)*
TBA	TBA	Coaches' Training *(Schedules and Equipment available)*
Week Nov 5	TBA	Practices Begin *(Parents contacted after coaches meeting)*
Sat, Dec 1	TBA	First Regular Game
Sat, Dec 8	TBA	Game/Team Pictures
Dec 19 - Jan 1	TBA	Winter Break No Practices/Games
Jan 5 – Feb 9/16		TBA Saturday League Games
Sat, Feb 23	TBA	Jamboree (Grades 1-4) or Playoffs (Grades 5-8)

2012-13 Adult Sports Leagues

ADULT SPORTS LEAGUE INFORMATION

Make new friends, build team-work, or just come for the exercis. Grab your friends and/or co-workers and join an adult sport league today! The City of Redmond boasts some of the highest quality fields and courts on the eastside. There are several leagues to choose from. Most leagues are broken into competitive and recreational divisions. Additional information may be obtained on our sport league website at www.redmond.gov/sports.

LOOKING FOR A TEAM?

Registrations are accepted for teams only. Players looking to be placed onto a team may add their names onto the message board of our league website listed above.

2012 FALL LEAGUES — League Play: Sep-Dec — Register: July 14-Aug 16

- Men's Basketball
- Women's Basketball League
- Coed Volleyball (Self-Officiated)
- Coed 23 & Over Soccer League
- Men's Open Soccer League
- Men's 30 & Over Soccer League
- Coed Dodgeball
- Coed Kickball

2012 FALL SOFTBALL LEAGUES — League Play: Sep-Oct — Register: July 14-Aug 16

- Coed Fall Sunday Softball League
- Men's Fall Weeknight Softball League

2013 WINTER LEAGUES — League Play: Jan-Mar — Register: Nov 14-Dec 6

- Men's Winter Basketball League
- Women's Winter Basketball League
- Coed Winter Volleyball League
- Coed 23 & Over Soccer League
- Men's Open Soccer League
- Men's 30 & Over Soccer League
- Coed Dodgeball

Open Gym Volleyball

Open Gym Fee: $4 per person ages 16 to adult at the door. No pre-registration required. Individuals and teams welcome. An adult must supervise children under the age of 10 years. Showers are not available.

Loc: Old Redmond Schoolhouse Community Center Gym

Sep 7 – Dec 14 (Closed Nov 23, Dec 21, and Dec 28)

Fridays 16+ years 6-9pm

"I am extremely pleased with how things run in Redmond Rec. I have been playing sports here for 7 years now with 0 complaints about the staff.

Golf Redwood Adult Beginner

Learn to play golf in a comfortable atmosphere at the Redwood Golf Center, rated one of the top 100 ranges in America, from PGA Instructors! In these group lessons you will learn the basic golf stance, swing motions, rules, and etiquette. By the end of these lessons students will be ready for golf on the course. Bring your own clubs or clubs will be provided. Classes are held at the Redwood Golf Center 13029 Redmond-Woodinville Rd NE 425.869.8814.

Instr: Redwood Golf Staff

Loc: Redwood Golf Center - Driving Range

Age: 18+ yrs..... Fee: $95R/$114N

41775	Sat	Sep 1-Sep 22	12-1pm
41776	Sat	Oct 6-Oct 27	12-1pm
41777	Sat	Nov 3-Nov 24	12-1pm

Drop-In

Lunchtime Drop-In Basketball

Come and make new friends or meet up with old friends for a friendly pick-up game during your lunch break. The games will be played in the Old Redmond Schoolhouse Community Center Gym. The rules and the team formations will be decided when everyone arrives. Closed Dec 23 - Jan 2.

Loc: Old Redmond Schoolhouse Community Center - Gym

Age: 18+ yrs..... Fee: Free

39951 Wed, Fri, Mon Sep 5-Dec 21 12-1pm